

August's Daily Specials



Week starting the 31st of July

Grazing	Monday 31/07	Tuesday 01/08	Wednesday 02/08	Thursday 03/08	Friday 04/08
Edgy Veggie Speciality Salad (V)	Broad Bean, Feta, Chili, White Asparagus, Peas & Lemon Dressing	Quinoa, Goat's cheese, Cucumber, Blueberries & Mint	Soft Boiled Hens Eggs, Roasted Red Peppers & Water Cress	Wild Rice with Spring Vegetables & Citrus Dressing	Shaved Fennel, Pink Grapefruit, Watercress & Shallot Dressing
Power Protein Speciality Salad	Duck, Red Chard, Spring Onions & Nectarine	Crayfish, Avocado, Oven Dried Tomatoes & Rocket	Rare Roasted Beef, Baby Spinach, Mustard Mayo & Pickles	Grilled Scallops, Baby Leeks, Little Gem & Apple Batons	Parma Ham, Mozzarella & White Asparagus

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Week starting the 7th of August

Grazing	Monday 07/08	Tuesday 08/08	Wednesday 09/08	Thursday 10/08	Friday 11/08
Edgy Veggie Speciality Salad (V)	Orzo, Avocado, Black Beans & Spring Onions	Grilled Yellow Courgette, Shaved Radish, Feta & Cos Lettuce	Summer Leaf Salad with Torn Mozzarella, Shaved Cucumbers & Cherry Tomatoes	Chermoula Roasted Vegetables	Classic Caesar
Power Protein Speciality Salad	Confit Duck with Watermelon, Coriander & Crushed Peanuts	Smoked Salmon with Wild Rocket, Capers & Soft Boiled Quail Eggs	Crisp Pancetta with New Potatoes & Herb Vinaigrette	Grilled Chorizo, Broad Beans, Basil & Pasta	Tiger Prawn & Pesto Rice

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Week starting the 14th of August

Grazing	Monday 14/08	Tuesday 15/08	Wednesday 16/08	Thursday 17/08	Friday 18/08
Edgy Veggie Speciality Salad (V)	White & Red Chicory with Burnt Orange & Goats Cheese	'Super Food' Quinoa, Pomegranate, Pumpkin & Sunflower Seeds	Lightly Steamed Broccoli with Ginger & Black Beans	Spicy Mexican Bean Salad	Kale, Pink Grapefruit & Chili
Power Protein Speciality Salad	Parma Ham, Broad Bean & White Asparagus	Chicken, Pasta, Avocado & Crispy Capers	Hot Smoked Salmon Salad	Smoked Chicken Caesar Salad	Tuna Nicoise

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Week starting the 21st of August

Grazing	Monday 21/08	Tuesday 22/08	Wednesday 23/08	Thursday 24/08	Friday 25/08
Edgy Veggie Speciality Salad (V)	Sesame Noodle Salad	Watermelon, Feta, Mint Pine Nuts & Balsamic	Sweetcorn, Baby Leeks, Quinoa, Confit Garlic & Broad Beans	Thai Cucumber with Coriander, Red Onion, Lime, Peanuts	Tabbouleh
Power Protein Speciality Salad	Cobb Salad	Rare Grilled Beef with Brazilian Style Chimichurri Sauce	Harissa Spiced Breast of Chicken with Chick Peas & Roasted Peppers	Tiger Prawns, Homemade Kim Chi & Rice Noodles	Antipasto Salad