



December's Daily Specials

Week starting 27th November

|  | Monday 27/11 | Tuesday 28/11 | Wednesday 29/11 | Thursday 30/11 | Friday 01/12 |
|--|---|---|---|---|--|
| Edgy Veggie Speciality Salad (V) | Aromatic Lentils, Chilli, Pomegranate & Goat's Cheese | Kale, Red Cabbage, Pumpkin & Sunflower Seeds with White Balsamic Dressing | Pickled Celeriac with Winter Leaves, Micro Herbs & Grain Mustard Mayo | Red & White Quinoa with Avocado & Dried Cranberries | Wild Rice & Winter Vegetables |
| Power Protein Speciality Salad | Classic Tuna Nicoise | Chicken, Squash, Sage & Pasta Salad | Smoked Salmon with Rocket, Capers, Brown Bread Croutes & Lemon to squeeze | Parma Ham, Mozzarella & Honey Roasted Figs | Smoked Duck, Fennel, Orange & Baby Spinach |



December's Daily Specials

Week starting 4th December



Monday

Tuesday

Wednesday

Thursday

Friday

04/12

05/12

06/12

07/12

08/12

**Edgy
Veggie
Specialty
Salad
(V)**

Avocado,
Pumpkin Seeds,
Black Beans &
Blush Tomatoes

Roasted
Cauliflower
scented with
Cumin,
Coriander &
Lime

Somerset Brie,
Grapes, Cos
Lettuce
& Raspberry
Vinaigrette

Moroccan
Fattoush

Feta,
Watermelon,
Pine Nuts &
Pomegranate

**Power
Protein
Specialty
Salad**

Confit of Guinea
Fowl
with Spelt &
Winter Veg

Hot Smoked
Salmon,
Watercress,
Grilled Leeks &
Quails' Eggs

Thai Beef

Confit Duck,
Watermelon,
Peanuts, Bean
Sprouts with
Hot & Sour
Dressing

Chilli & Garlic
Prawns
With Cos
Lettuce &
Cucumbers



December's Daily Specials

Week starting 11th December



Monday

Tuesday

Wednesday

Thursday

Friday

11/12

12/12

13/12

14/12

15/12

Edgy Veggie Speciality Salad (V)

Tabbouleh

Roasted Chick Peas with Courgettes & Pickled Aubergine

Pumpkin, Stilton Pickled Walnuts & Cranberry

Classic Potato Salad

Goats Cheese, Beetroot & Roasted Chestnuts

Power Protein Speciality Salad

Crispy Sumac Lamb With Olives, Cucumber & Pomegranate

Spicy Crayfish Salad with Little Gem, Peppers & Yellow Cherry Tomatoes

Rare Roast Beef with Spinach & Horseradish

Chicken, Black Lentils, Pomegranate & Orange

Lemon Poached Salmon



December's Daily Specials

Week starting 18th December



Monday

18/12

Tuesday

19/12

Wednesday

20/12

Thursday

21/12

Friday

22/12

**Edgy
Veggie
Speciality
Salad
(V)**

Aromatic Lentils
with Feta, Chilli &
Coriander

Cauliflower with
Smoked
Almonds & Blue
Cheese

Black Quinoa,
Goji Berries &
Green Beans

Russian Salad

N/A

**Power
Protein
Speciality
Salad**

Cajun Blackened
Beef Salad

Classic Chicken
Caesar Salad

Chorizo,
Sun Dried
Tomatoes,
Roasted
Peppers & Baby
Spinach

Hot Smoked
Salmon,
Pasta, Avocado
& Crispy Capers

N/A