

January's Daily Specials

Week starting the 1st January



Monday

01/01

Tuesday

02/01

Wednesday

03/01

Thursday

04/01

Friday

05/01

**Edgy
Veggie
Speciality
Salad
(V)**

Bank Holiday

Herby Freekeh
Salad with
Pomegranate &
Cranberries

Heritage
Beetroot,
Orange,
Crushed
Hazelnuts &
Sherry
Vinaigrette

Grilled
Vegetables with
Balsamic
Vinaigrette

Romaine
Lettuce, Soft
Boiled Quails
Eggs, Grilled
Red Peppers
Black Garlic
Dressing

**Power
Protein
Speciality
Salad**

Bank Holiday

Classic Caesar
Salad

Rare Roasted
Beef with Wild
Rocket
Parmesan,
Blush Tomato
& Croutons

Thai Chicken
Noodle Salad

Cajun Spiced
Salmon

January's Daily Specials

Week starting the 8th January



Monday

08/01

Tuesday

09/01

Wednesday

10/01

Thursday

11/01

Friday

12/01

**Edgy
Veggie
Speciality
Salad
(V)**

Quinoa, Green Beans, Goji Berries & Leeks

Barrel Aged Feta, Pine Nuts & Watermelon

Chermoula Roasted Vegetables

Roasted Pumpkin, Feta, Toasted Pecans & Baby Spinach

Shaved Fennel, Mandarins, Rocket Black Olives & Shallot Dressing

**Power
Protein
Speciality
Salad**

Parma Ham, Dates & Melon

5 Spice Rubbed Duck Breast with Asian Slaw & Crispy Shallots

Grilled Chorizo, Butter Beans, Little Gem & Artichokes

Crispy Turkey Waldorf

Vietnamese Beef with Pickled Vegetables

January's Daily Specials

Week starting the 15th January



Monday

Tuesday

Wednesday

Thursday

Friday

15/01

16/01

17/01

18/01

19/01

**Edgy
Veggie
Speciality
Salad
(V)**

Indian Spiced
Lentil
Salad

Pasta, Pesto &
Sun Blush
Tomatoes

Potato Salad
with Grain
Mustard
Dressing

Giant
Couscous,
Beetroot,
Pomegranate
& Orange

Pear, Fennel,
Blue Cheese
& Walnut

**Power
Protein
Speciality
Salad**

Tandoori
Salmon with a
Yogurt & Lime
Dressing

Moroccan Beef
with Green
Beans &
Shallots

Smoked
Chicken
Caesar

Crayfish,
Leeks & Bitter
Winter Leaves

Peruvian Grilled
Chicken
Quinoa &
Pickled Carrots

January's Daily Specials

Week starting the 22nd January



Monday

22/01

Tuesday

23/01

Wednesday

24/01

Thursday

25/01

Friday

26/01

**Eggy
Veggie
Speciality
Salad
(V)**

Seasoned
Lotus Root,
Bean Sprouts,
Shiso &
Cucumber

Crumbled Feta,
Watermelon,
Pine Nuts
& Pomegranate

Celeriac &
Apple Slaw
with
Hazelnuts &
Yogurt

Herby Pearl
Barley with
Roasted
Parsnips &
Goats Cheese

Black Lentil,
Pumpkin, Chilli,
Feta
& Lime

**Power
Protein
Speciality
Salad**

Chilli & Garlic
Prawns
with Raw
Vegetables
Wasabi
Dressing

Tex Mex
Chicken,
Leeks & Quails
Eggs

Thai Beef
Heritage
Carrots
Pecan and
Sultanas (v)

Confit Duck,
Peanuts and
Sprouts with
Hot & Sour
Dressing

Chicken,
Bacon, Cherry
Tomato &
Avocado

January's Daily Specials

Week starting the 29th January



Monday

Tuesday

Wednesday

Thursday

Friday

29/01

30/01

31/01

01/02

02/02

**Edgy
Veggie
Speciality
Salad
(V)**

White Bean,
Wild
Mushrooms,
Leek & Truffle

Dates, Orange,
Almond,
Watercress,
Coriander &
Lime

Balsamic
Courgette with
Basil, Lemon &
Olives

Chickpea,
Mango and
Coconut

Roasted Figs,
Walnuts and
Pecorino

**Power
Protein
Speciality
Salad**

Smoked
Venison,
Pear, Blue
Cheese
& Pickled
Walnuts

Poached
Salmon Nicoise

Roast Beef,
Beetroot,
Pecan, Sultana
& Ricotta

Smoked Ham
Hock,
Celeriac, Apple
& Chicory

Prawn, Pink
Grapefruit,
Red Onion &
Spinach