

November's Daily Specials

Week starting the 30th October



Monday

30/10

Tuesday

31/10

Wednesday

01/11

Thursday

02/11

Friday

03/11

**Edgy
Veggie
Speciality
Salad
(V)**

Roasted
Cauliflower with
Cumin,
Coriander &
Lime

White Bean, Wild
Mushrooms,
Baby Leek &
Lambs Leaf

Green Beans
Siverside Onions
& Baby Beets

Pasta, Pickled
Aubergine &
Tarragon

Chilli Roasted
Courgettes with
Sun Blushed
Tomatoes &
Ricotta

**Power
Protein
Speciality
Salad**

Rare Roast
Sirloin of Beef
with Capers,
Anchovy &
Tarragon
Dressing

5 Spice Rubbed
Breast of Duck
with Asian Slaw
& Crispy Shallots

Treacle Cured
Salmon with
Cucumber
Ribbons,
Watercress &
Crème Fraiche
Dressing

Honey & Soy
Glazed Breast of
Chicken with
Rice Noodles

Crayfish &
Mango with a
Chilli and Lime
Dressing

November's Daily Specials

Week starting the 6th November



Monday

Tuesday

Wednesday

Thursday

Friday

06/11

07/11

08/11

09/11

10/11

**Edgy
Veggie
Speciality
Salad
(V)**

Classic
Caesar

Giant Couscous,
Grilled
Aubergines &
Black Garlic

Pesto Pasta with
Oven Dried
Yellow Cherry
Tomatoes

Classic Tomato,
Mozzarella &
Avocado

Chicory, Blue
Cheese
& Walnuts

**Power
Protein
Speciality
Salad**

Grilled Breast of
Chicken with
Chickpea,
Shallots &
Tomato
Dressing

Salt Beef
Green Beans,
Shallots
& Pink Grapefruit

Confit Duck
with Lentils,
Pomegranate
& Orange

Honey & Soy
Glazed Breast of
Chicken with
Rice Noodles

Pulled Ham,
Celeriac,
Remoulade,
Winter Leaves &
Micro Herbs

November's Daily Specials

Week starting the 13th November



Monday

Tuesday

Wednesday

Thursday

Friday

13/11

14/11

15/11

16/11

17/11

**Edgy
Veggie
Speciality
Salad
(V)**

Roasted Red Pepper, Torn Mozzarella, Rocket & Balsamic Dressing

Black Eyed Bean & Butternut Squash

Baby Spinach, Orange & Pomegranate

Ribbons of Winter Vegetables with Citron Dressing

Bulgur Wheat with Preserved Lemon, Sultanas, Pine Nuts & Feta

**Power
Protein
Speciality
Salad**

Cajun Spiced Breast of Chicken with Fragrant Fregola

Freekah Salad with Sumac Lamb

Beetroot Cured Salmon with Shaved Savoy & Buttermilk

'Crying Tiger' Rare Beef with Chinese Leaf, Bean Sprouts & Crispy Shallots

Smoked Chicken Waldorf

November's Daily Specials

Week starting the 20th November



Monday

Tuesday

Wednesday

Thursday

Friday

20/11

21/11

22/11

23/11

24/11

**Edgy
Veggie
Speciality
Salad
(V)**

Giant Couscous,
Pomegranate,
Cucumber, Baby
Onions

Pasta, Pesto &
Sun Blush
Tomatoes

Roasted
Cauliflower,
White Bean &
Feta

Pumpkin,
Cranberry
& Quinoa

Roasted Pear,
Fennel,
Blue Cheese &
Walnut

**Power
Protein
Speciality
Salad**

Orzo, Crayfish,
Celery, Peas &
Lime Dressing

Grilled Chicken,
Quinoa, Goat's
Cheese
& Pickled Carrots

Thai Beef,
Heritage Carrots,
Pecan and
Sultanas (v)

Maple Glazed
Bacon
Shaved Sprouts

Smoked Chicken
Caesar